



Ministry of Health & Family Welfare  
Government of India

# Reduce the risk of Coronavirus infection

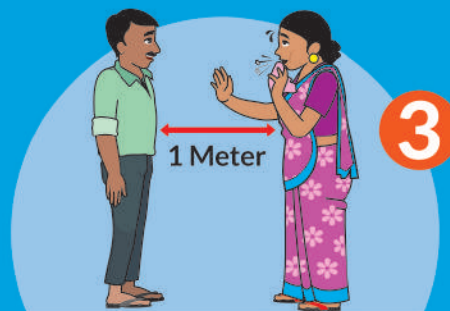
## Follow these important precautions



**1**  
Wash hands with soap and water frequently



**2**  
When coughing and sneezing, cover mouth and nose with handkerchief, tissue or elbow



**3**  
Avoid close contact with anyone with cold, cough or flu like symptoms



If you have cough, fever or difficulty in breathing, contact a doctor immediately

**Stay protected!**

**Stay safe from Coronavirus!**

If you have returned from **Wuhan** China after January 15, then get yourself tested for 2019-nCov. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline

If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and use a separate room for sleeping

If you develop fever, cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline



**+91-11-23978046**

or email at [ncov2019@gmail.com](mailto:ncov2019@gmail.com)



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# Reduce the risk of Coronavirus infection

## Follow these important precautions



After coughing and sneezing



Remember  
to wash  
hands  
with soap  
frequently



After using toilet



Clean your hands before and  
after caring for sick person



Before cooking, after cooking  
and before eating food



If you have cough, fever  
or difficulty in breathing,  
contact a doctor immediately

**Stay  
protected!**

**Stay safe from  
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# Reduce the risk of Coronavirus infection

## Follow these important precautions



Avoid travel if you are suffering from fever and cough



Wash your hands frequently with soap and water



Share your travel history with your health worker (ASHA/ ANM)



If you have cough, fever or difficulty in breathing, contact a doctor immediately

**Stay protected!**

**Stay safe from Coronavirus!**

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